

mmm...

salads and sandwiches



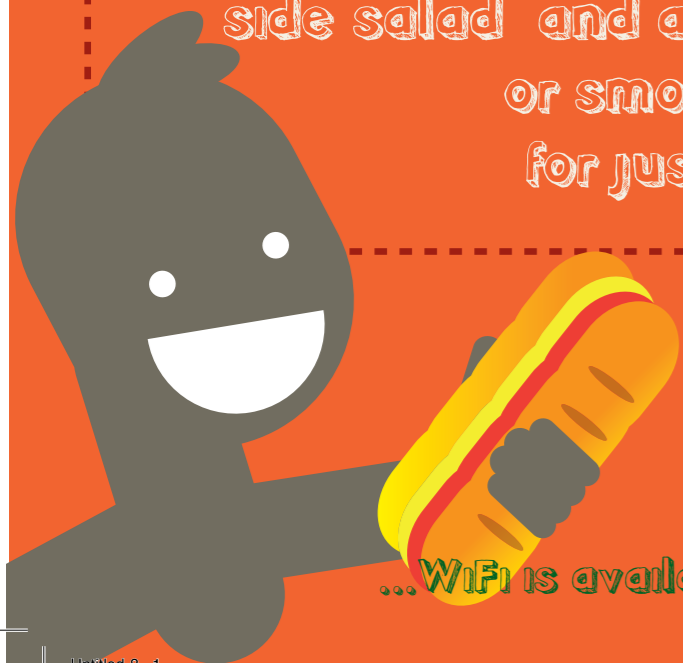
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|---------------|------------|
| Panninis | £2.75 |
| Wraps | £2.30 |
| Ciabatta | £2.40 |
| Sandwiches | from £1.80 |
| Salad Boxes | from £2.50 |
| Pastries from | £1.00 |

hot food!!

| | |
|-----------------|-------|
| Soup and a roll | £1.90 |
| Panninis | £2.75 |
| Ciabatta | £3.30 |

SPECIAL OFFER!!

Lunch/light bite panini, side salad and a juice or smoothie for just £4



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mmm...

lovely hot drinks



| | |
|-----------------|-------|
| Cappuccino | £1.50 |
| Latte | £1.50 |
| Americano | £1.50 |
| Espresso | £1.10 |
| Double Espresso | £1.40 |
| Mocha | £1.50 |
| Hot Chocolate | £1.50 |
| Tea | £1.00 |



mmm...

yummy sweet stuff

| | |
|--------------|--------|
| Cakes from | £0.90p |
| Muffins from | £0.80p |
| Flapjack | £0.80p |

SPECIAL OFFERS!!

Coffee and a Cake just £2.20
Refills on any Hot Drinks just 80p



mmm...

fresh juice - £1.50

smoothies - £2.00

Pick Me Up

Strawberry, Kiwi and Pineapple

Strawberry Delight

Strawberry and Mango

Berry Burst

Blueberry and Strawberry

Immune Tune

Raspberry and Pineapple

Tropical Twister

Passion Fruit, Mango and Pineapple

Bananaberry

Banana and Strawberry

The Defender

Raspberry, Banana and Mango

Breakfast Crumble

Banana, Blueberry, Oats, Yoghurt, and Honey

